



✓ LOW-MAINTENANCE     HORMONAL     HIDDEN

# THE IMPLANT



## HOW DO I USE IT?

It usually takes 1-2 minutes for a provider to place the Implant under the skin of your upper arm. It contains the hormone progestin and it works for up to 3 years (5-years, off-label).



## HOW EFFECTIVE IS IT?

The Implant is more than 99% effective at preventing pregnancy.



## WHAT I MIGHT LIKE...

- + You might get lighter periods or no periods
- + You may be able to reduce your period cramps and PMS
- + You might like that it's estrogen-free
- + You can get it removed by a provider at any time
- + You can get pregnant as soon as it's taken out



## WHAT I MIGHT DISLIKE...

- You might have irregular periods or no periods
- You might feel discomfort during placement and removal
- You won't be protected from STIs
- You might get headaches, weight changes, breast tenderness, and mood changes. This typically improves with time.



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